

After my diagnosis, it took me a while to accept the fact that being HIV-positive is not the end of the world: It's just the beginning of a whole new way of life. The first meds I was prescribed gave me some bad side effects. But I worked with my doctors to find a new one that was better for me. Now I feel great and my viral count is undetectable. That list of things you wanted to accomplish before you were diagnosed? It's still possible if you stay in care and work with your doctor to find the treatment that's best for you.







Get in care. Stay in care. Live well. cdc.gov/HIVTreatmentWorks